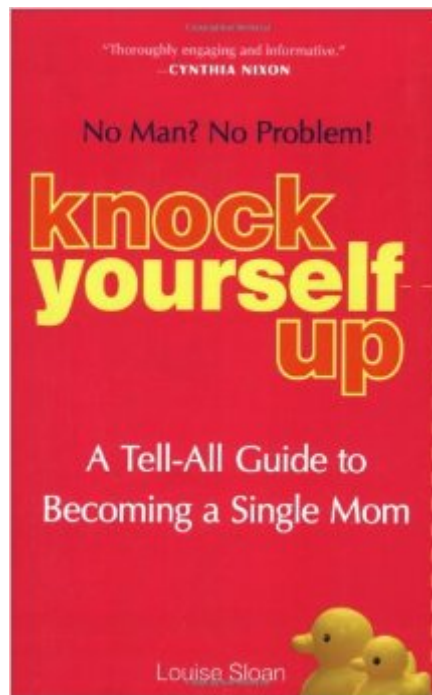


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# Knock Yourself Up: No Man? No Problem: A Tell-All Guide To Becoming A Single Mom



## Synopsis

More and more women are choosing not to let being single stand in the way of becoming a mom. In this honest and often hilarious guide, Louise Sloan shares the details of her own funny and heartbreaking journey to single motherhood-including cyberstalking an anonymous sperm donor, dealing with exploding semen vials, and being mistaken for a horse breeder-as well as the experiences of many other women across the country. Knock Yourself Up offers an inside look at the logistical and legal processes of opting for single motherhood, drawing on the personal stories of women who have done it. Addressing a range of topics such as coping with loneliness, financial struggles, complex reactions of family members, and more, Knock Yourself Up covers the emotional and practical issues and provides the kind of intimate answers you won't find anywhere else to questions like: - When is the right time to decide to have a baby alone? - How do I choose the right sperm? - Is this fair to the kid? - How do I tell my parents? - How do I tell my dates? - What's it like to be pregnant on your own? - If I do this, will I ever have sex-or a life-again? Informative and entertaining, Knock Yourself Up is a fun-to-read, up-to-date guide for any woman who is considering taking the baby plunge, with inspiring stories from women who have created happy families on their own.

## Book Information

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## Customer Reviews

Knock Yourself Up is a fascinating, helpful guide to the wide world of single motherhood, as told by the funny and thorough Louise Sloan. I'm 32, and while not yet ready to take the plunge, I wanted to

learn more about what might potentially be in my future. There are a lot of issues Sloan discusses that I'd never considered, such as donor complications, talking to your child about where they came from, and the actual ins and outs of getting pregnant via artificial insemination (the image of the nitrogen tank will certainly stay with me!), and information about things like the Sibling Donor Registry, by which siblings of a given sperm donor can find each other. To her credit, Sloan shares plenty of her story about being a single lesbian, fresh from a breakup, going through the insemination process solo in order to have her son, Scott, both the highs (taking her son to swing dance class!) and lows (dealing with hemorrhaging at the hospital alone, for one). But having the perspectives of so many other women, including their horror and success stories, is what makes this book so valuable. The interviewees talk about everything from the intersection of race, stereotypes, and single parenthood, to how they're perceived by potential dates, neighbors, and peers, the positives of being on their own as well as the loneliness and pitfalls. The title may be pithy and punchy, but the stories and issues included in *Knock Yourself Up* let women know that becoming a single mom is doable, but isn't a piece of cake by any means. In some ways, Sloan is a cheerleader for single motherhood, encouraging other women who think they can and want to do it to go for it, but she also very carefully lays out the costs, risks, and cons right along with the pros.

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